

2026 IOGKF CANADA BLACK BELT GASSHUKU DETAILS

HONBU DOJO (SHUDOKAN FAMILY KARATE CENTRE)

Friday OCTOBER 16 to Sunday OCTOBER 18, 2026

Who may attend

This invitation is extended to all IOGKF Black Belt* members age 16 and above, and to any 1st kyu member who has been invited to grade during the gasshuku.

**If you are a black belt training at an IOGKF Canada dojo but have not graded into the IOGKF system then you must have permission from your dojo head to attend.*

Schedule

Friday (Oct 16)	5:00 pm – 9:00 pm	Training All
	After training grab a bite together at a nearby local restaurant (Piper Arms)	
Saturday (Oct 17)	9:00 am – 11:00 am	Training 3rd dan and above
	11:00 am – 1:00 pm	Training All
	1:00 pm – 3:00 pm	Training 2nd dan and below
	1:30 pm – 2:30 pm	Dojo Heads Meeting
	6:30 pm – 9:30 pm	Dinner Party @ Shudokan Dojo
Sunday (Oct 18)	9:00 am – 11:00 am	Training 2nd dan and below
	11:00 am – 1:00 pm	Training All
	1:00 pm – 3:00 pm	Training 3rd dan and above
	3:30 pm – 5:30 pm	Black Belt Grading

What to bring with you to training

- Water/training drinks
- Snacks for breaks
- IOGKF membership booklet
- Shower facilities are available, bring your own soap and towels

Friday night social time – after the training, we head out for dinner and/or drinks at a local restaurant. We encourage all of you to take some time out to socialize with your fellow karateka while enjoying a delicious dinner. This year's choice is Piper Arms at 4155 Fairview St. (About a 5-minute drive from the dojo same plaza as Sakai, at opposite end). The dojo has two showers in each changing room, bring your own soap and towel.

Dojo Heads meeting – All dojo heads please plan on attending this meeting. If you are unable to, please send a representative black belt from your dojo. If you have any agenda items for this meeting, please let Sensei Adrienne know by October 1st. A light snack will be provided.

Sayonara dinner – Dinner will be held at Shudokan dojo. \$45 per person and BYOB. This year we will have bento boxes from Kotori Authentic Japanese Restaurant

Each person may chose, in advance, one of three bento boxes:

- Vegetarian
- Chicken karage
- Hamburger steak

As well we will provide water, pop, tea, coffee and desserts.

Grading – if you are invited at the black belt grading, bring your grading fee, completed registration form, and photo to the event and submit them to Sensei Adrienne when you arrive. (Dojo heads – email adrienne@iogkf.ca if you need grading registration forms, written tests, or fee information for your students)

Event T-shirts – Designed by Sensei Sean Gore \$30



24EVERL - ATC 24EVER™ RING SPUN Cotton Ladies' Tee

Garment Measurements

Size	S	M	L	XL	2XL	3XL
Chest - Half Measure	19 1/2"	20 1/2"	22"	23 1/2"	25"	27"
Chest - Full Measure	39"	41"	44"	47"	50"	54"
Body Length from HPS	25"	26"	27"	27 3/4"	28 1/2"	29 1/4"
Sleeve Length - CB	14 1/4"	14 3/4"	15 1/4"	15 3/4"	16 1/4"	16 3/4"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

Mens' Tee

Garment Measurements

Size	S	M	L	XL	2XL	3XL	4XL
Chest - Half Measure	18"	20"	22"	24"	26"	28"	30"
Chest - Full Measure	36"	40"	44"	48"	52"	56"	60"
Body Length from HPS	28"	29"	30"	31"	32"	33"	34"
Sleeve Length - CB	16 3/4"	18"	19 1/4"	20 1/2"	21 3/4"	23"	24 1/4"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

REGISTRATION DETAILS

Training Fees:	All 3 days	\$200
	2 days	\$150
	Single day	\$75
Sayonara Dinner:		\$45
Event T-shirt:		\$30

You will have to calculate your own total amount owing. We will let you know if you made a mistake. Make payments as soon as possible after registering.

Registration Deadline: Participants who wish to buy an event T-shirt and/or sign up for the Sayonara dinner must submit their registration and payment by October 4th.

Registration for training only will be open until October 14th.

All participants, including DOJO HEADS, must register.

Payments

1. Via eTransfer, send to adrienne@iogkf.ca,
Send the password you choose in a separate email.
2. Via PayPal use the email address bbgregistration@iogkf.ca
Note the email is **bbg**registration
3. Via cash payment – please notify Sensei Adrienne in advance before the registration deadline (October 4) if you plan to pay at-the-door.

Online registration link:

<https://forms.gle/yXc35BaDPMv9Zmu27>

You will receive a response from Google with a copy of your completed form. Don't forget to check your junk mail.

If you have questions about registering, or changing your registration please contact Sensei Adrienne at adrienne@iogkf.ca